

Kardec Spiritist  
Group of Austin  
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## 2<sup>ND</sup> TEXAS SPIRITISM SYMPOSIUM

**October 13, 2012**  
**From 9:00 am to 5:00 pm**

**Historic Aspect of Mediumship** – by Daniel Issisi  
**The Mechanisms of Mediumship** – by Jussara Korngold  
**Mediums: Connection to The Spiritual Realm** – by Suzana Simoes  
**Mediumship With Love** – by Joao Korngold

Tickets are individual and include:  
-Admission to the Symposium.  
-Lunch meal at Venue.

For more information visit: <http://www.txspiritistsymposium.org/>

### Youth Spiritist Education

Kardec Spiritist Group of Austin invites you and your kids to join us on our Youth Spiritist Education.

The meetings take place every 1st and 3rd Sunday of the month.

From: 11:00 to 12:00am

Ages: 5 and older

If you plan to join us, please let us know in advance.

If you need to reach one of us to find your way, please feel free to call:

- Adriana Martins: 638-7176
- Beth Madden: 992-9048
- Joce Almendra: 576-2030

### Book Club

Our Book Club meets every last Wednesday of the month to discuss a book or part of a book related to Spiritism.

The purpose of our Book Club is to promote the study and discipline through reading.

Our next meetings:

May 30<sup>th</sup> at 7:00pm

June 27<sup>th</sup> at 7:00pm

For more information, please contact:

Celina Cavalcanti

[celinacavalcanti@gmail.com](mailto:celinacavalcanti@gmail.com) or

Luciana Corwin

### Volunteer Opportunity

Every second Saturday of each month Kardec Spiritist Group of Austin visits the Austin Children's Shelter for an afternoon of fun and interaction with children that were rescued from abuse and neglect.

There are 51 children and youth in care today at ACS, over 40 of them are between the ages of 12 – 18.

Sign up as a volunteer with Fernanda Bueno:

[nandafernandabueno@yahoo.com](mailto:nandafernandabueno@yahoo.com)  
phone 512-669-9263

We look forward to hearing from you!

### Many of you have asked how to help our group, and here is one opportunity!

Our fixed monthly expenses with rent, utilities and other essentials total \$750 per month.

Any contribution is optional, but really appreciated.

If you are in a position to commit helping the group, even with a small amount monthly it would be really helpful.

The fundraising events we promote throughout the year help us mainly with special events, such as speakers' travel expenses, but they don't cover these fixed costs.

Please talk to us if you can help!

We feel very blessed to share such a wonderful house of studies and prayers!

Thank you in advance for your consideration.

# Kardec Spiritist Group of Austin

## Carlos Campetti's Visit to Austin

By Fernanda Meira-Wienskoski

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It was our group's greatest pleasure to host the journalist, writer, director of the Brazilian Spiritist Federation, Spiritist speaker, medium, and educator, Carlos Campetti to Austin, TX. This was his second visit to our group and at this time, Carlos Campetti talked to us about Harmony at Home, a topic that interests all of us.

He has addressed the topic by pointing out our responsibility to keep our homes a good environment for our kids, making our home a refuge of love and understanding, encouraging us to raise them under the light of faith, committing to inspire them with good examples, highlighting their strengths, listening to them, and reminded us of the importance of giving them our very best.

His talk at Casa de Luz on Saturday 8/25, from 5pm to 6:30pm was crowded. The speech was very informative and has impacted the audience who had the opportunity to ask questions at the end.

Carlos Campetti's visit to the USA at this time has started here in Austin, then he visited the



groups in Houston, Dallas and Chicago, returning to Brasilia where he lives with his wife and two children.

We are looking forward to meeting him again next year, expecting that he will once again share with us his knowledge and friendship.

Thank you all for your presence, participation and interest, and for hosting our group mentor so warmly. A big thanks to you, our friend Carlos Campetti and we hope that you continue to bring your word of information, hope and encouragement wherever you go!

## Biography – Eurípedes Barsanulfo

Born on May 1st, 1880, in the city of Sacramento, MG, Brazil, Eurípedes Barsanulfo became aware of the Spiritist Doctrine through books from Allan Kardec and experiences in the Doctrine Centers.



After receiving a message from a Spiritual guide, and after being convinced of the importance and beauty of the Spiritist Doctrine, Eurípedes Barsanulfo devoted the rest of his life to working in several ways in

accordance with the teachings of Spiritism. His intentions and work were not always supported (several times opposed) by his family and many members of his community. Despite this, he developed educational and charitable activities through the organization Grupo Espirita Esperança e Caridade which he founded in 1905.

Two years later, he founded the Allan Kardec School. Over the years, he became a well-developed healing medium, and used this opportunity to help hundreds of families in need.

Under the orientation of Dr. Bezerra de Menezes, he founded the Farmacia Espirita Esperança e Caridade – a place dedicated to the medical treatment of all in need of help. Needless to say, none of his work had financial profit as a goal.

From 1907 to 1912, he served his city as a politician, another way he found to positively contribute to his community. Eurípedes Barsanulfo died in 1918, leaving us with great example of a positive and constructive existence.

## An Wonderful Opportunity Volunteer Work at Kardec Spiritist Group of Austin

On June 11<sup>th</sup>, 2011 our volunteer group visited for the first time the Austin Children Shelter with the purpose to help and serve those in need. Every month our group has been planning one activity to promote entertainment and interaction for the kids at the Austin Children Shelter always bringing some refreshments and treats that normally they do not have access to, like sodas and cookies. More importantly, every visit the group tries to be in connection with our spiritual guides for a peaceful and healing environment that may promote the well-being of the children. Today after more than one year meeting (or playing) with these kids living at the organization we had the opportunity to hear from the coordinators of the volunteer group talking about their experience.



### What is the most important part of the work and/or the opportunity to meet the kids for you?

**Fernanda:** "All we need is love"!!!!!!

**Cassia:** Love, attention, fun, and educational activities to brighten their day and enlighten their minds. All we can do is to bring something positive to their difficult lives.

**Aline:** I believe that the most important part of is the love felling that each volunteer brings to the work to do something special and the will to bring something that will make the difference to these kids' day. I believe that all these love act as a door for our spiritual group to act on these kids attending each of their needs.

### How does each visit and volunteer work make you feel?

**Fernanda:** Each one of us has challenges. I learn a lot from these kids, and every time I leave the shelter I am feeling very happy and filled with energy. It is like I went there to be healed by them and not the opposite. The spirituality is working on all of us.

**Cassia:** I feel like I am doing something positive for the kids, even though I am not solving anyone's problems. Sometimes, I feel upset for the things I see there. I wish the world was a better place and that is why this type of

volunteer work is essential to every community.

**Aline:** I am touched to see how many kids are neglected by their families. But I know that at the end of each visit to the shelter each of the kids (even the ones that did not participated in the activities) were been helped even though we do not see it. I always leave the shelter with this certainty that the spirituality is there taking care of each one of them.

### What do you feel the group have accomplished after more than a year of work?

**Fernanda:** Perhaps we have taken some enjoyable moments into their lives, and some healing to their hearts.

**Cassia:** Also, we demonstrated that we care about their wellbeing.

**Aline:** that our group has grown and learned a lot with this experience.

### Do you have a story/moment that touched you most and you want to share with us?

**Fernanda:** Among many occasions, capoeira was a magical moment. Alex wanted to volunteer there often, and one boy really discovered himself in capoeira.

**Cassia:** I believe that every time a child smiles to us and demonstrates that he/she is happy having us there is a magical moment in itself. The simplest things are the ones who touch my heart the most.

**Aline:** There were many moments that touched me in our meetings; each visit to the shelter is a very special moment. But I do remember one day that we had karaoke and the older kids were participating and singing and the younger ones were playing and dancing with us. Everything was flowing so well and the energy was just wonderful. This was a really magic moment.

At this point, a bit over one year of volunteer work we are not able to measure how much we brought to the kids and definitely the group was not able to solve anybody's problem. But, more and more people have been joining the group and have been touched by these kids and if there is one thing that can assure is how much the group has been learning with each experience and that our spiritual friends are present in the life of each of these kids and volunteers.

If you are interested in joining our next volunteer visit to the Austin Children Shelter please contact Fernanda at [nandafernandabueno@yahoo.com](mailto:nandafernandabueno@yahoo.com) - (512)-669-9263.

## "Can Spiritism Improve Our mental Health?", The Spiritist Magazine



The author of this article, Paula Schmidt is a clinical psychologist and member of the Spiritist Society of Baltimore and has been interested not just to develop her spirituality but also to learn what spiritist practices could contribute to the mental health of her patients.

After experienced herself specialized treatments such as prayer, books and cds, meditation, Gospel at Home, fraternal counseling, passes and fluidified water Schmidt testify to Spiritism effectiveness to contribute to the wellbeing of a person.

"Spiritism offers practices for the maintenance of mental health and treatments for mental disturbances" says Paula. The prayers are explained as opening our

hearts to our creator with a natural out pouring of words asking for ourselves, others, the world and developing gratitude for the spiritual help already received. Many books such as Living and Loving physycographed by Divaldo Franco (Joana the Angeles) provide illuminating thoughts to begin our day and to clear the effects of the day before going to sleep. Divaldo Franco also produced some meditation CDS that helps us to eliminate stress and when used on a daily basis potentiates mental health treatments.

The gospel at home done weekly strengthens not juts our mental health but the mental health of our whole family says Schmidt.

Passes can facilitate the release of negative energies by the permutation of

beneficial spiritual fluids and fluidified water can be spiritually magnetized to be used throughout the week between the spiritual treatments to further support the person's return to wellbeing.

Paula also adds that not just the spiritist treatments in a center are effective but also she found that the spiritists themselves to be exceptional role models of Spiritism with their "warmth, generosity, and loving acceptance and encouragement of everyone they meet is genuine and provides a healing balm so necessary in these stressful times".

Resumed from the article "Can Spiritism Improve our Mental Health?", *The Spiritist Magazine*, Edition No 3, april 2008, page 16-17.

### SAVE THE DATE

### "Friendship Night"



**Saturday**  
**September 15<sup>th</sup>, 2012**  
**7:00pm to 9:30pm**

Let's Celebrate friendship in  
Great Style: Good Italian  
Food, Live Music and Silent  
Auction,

**ALL IN ONE**  
**EVENING!**Wind River  
Crossing  
ClubHouse  
11411 Research Blvd  
Austin-TX- 78759

### Coming Soon: Movie Night!!

More information to be  
announced in ours  
weekly study meeting

### Join us in our study meetings:

Every Tuesday: 7:30pm to 9:00pm

For more information please contact us:

[admin@kardec-austin.net](mailto:admin@kardec-austin.net)

(512) 636-2148

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